



- Bazaar Season
- Emergency Prep
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- Election Update

Bazaar-o World

Ever wonder what it would be like without the annual Cohasset Bazaar and Music Festival? This year marks the 48th occurrence of this tradition on the hill, but what if it was our last? What if we had a great year this time, and then nothing next year? Or the year after that, and so on? I don't suppose that anything would happen right away. The 4-H club would still meet at the CCA building twice a month for its cooking, and arts and crafts, Bingo would still happen throughout the winter months, the Chili Cook-off in the Spring, and Mountain Music throughout the Summer. Lara's yoga group would continue to practice, the Halloween Carnival would carry on, and the Christmas Store would be fun for all.

After a while though, things would stop happening. People will stop showing up. As time passes, the small crew of board members and volunteers will become exhausted and discouraged. "Nobody comes, so what's the point?", they grumble, as they gather to discuss the situation. Eventually, the association will run out of money, and the

doors to the Community Center will close for good, just like the school. This is a bleak scenario to imagine, but it doesn't have to be this way. We don't have to let the distractions of our lives cancel out our connection to where we live, and the people that we live around.

Community doesn't just happen, it is created and crafted by all of us; neighbors, friends, and in the beginning, strangers. There are countless numbers of other things to do in Chico, Paradise, Sacramento, and all over the state, but the events and activities that we create here at home can make all the difference. By attending the Bazaar, and other community events, you get to know your neighbors, make connections, and show your support for where you chose to live.



(Wren & Andy Zaros)

This year's Bazaar is on its way to being another fantastic event! The planning committee has been hard at work coming up with ideas, games for the kids, a parade, and booking great bands! There will be a BBQ booth, homemade ice cream for sale, a plant sale, a bake sale, and many other vendors to check out. As of today, the schedule looks like this: Gates open at 9 am

- ♦ 10 am-11 am Jimmy Brobeck and Diane Suzuki
- ♦ 11 am-12 noon Red Dirt Bullies
- ♦ 12 noon-12:15 Parade
- ♦ 12:15-1:30 Fine Red Wine
- ♦ 1:45-2:55 Stump Jumpers
- ♦ 3:10-4:20 Paper Hats
- ♦ 4:40-6 pm Chris Schadt Band

Please join us on Saturday, August 4th for the 48th Annual Cohasset Bazaar and Music Festival. Help us keep the Cohasset Community Center open and ready to use for many more years to come!

By Mel Zaros



2017-2018 Officers

President: Jill Stewart 898-8197
VP: Ken Lawson 343-1479
Secretary: Susana Malcom 893-0109
Treasurer: Karyl Clark 343-0794

2-Year Board Members

Dede Sterling (2017-2019)
Melissa Zaros (2018-2020)

1-Year Board Members

Theresa Markwood
Kevin Sterling
Laura Puterbaugh

Membership

Patricia Puterbaugh

Newsletter

Mel & Jim - 893-8590

www.CohassetCommunity.org

Kevin Sterling

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To place an ad in the Cohasset Newsletter:

E-mail ad copy and instructions to hawespipe@hotmail.com. Payment must be received by the 2nd Friday of the month for the following month's inclusion. Checks may be made out to the CCA and sent to 11 Maple Creek Ranch Rd, Cohasset, CA 95973.

Prices for CCA newsletter advertisements:

Business card size \$25
1/2 page \$75
1/4 page \$40
Full page \$150

Cohasset Community Association

Message from the Prez

Election Reflection

The June 14th election went off without a hitch! We are happy to welcome the new members of the 2018-2019 Cohasset Community Association Board of Directors! Serving as President, we have Jill Stewart; Vice President, Ken Lawson; Secretary, Susana Malcolm; Treasurer, Karyl Clark; two-year positions, DeDe Sterling and Melissa Zaros; and one-year positions, Theresa Markwood, Laura Puterbaugh, and Kevin Sterling. Patricia Puterbaugh has volunteered to take over the Membership role and we are very grateful for her help as well. Thank you all for your commitment to serving our community, we are looking forward to a fun and productive year ahead.

On behalf of the CCA, I would like to take this opportunity to also express my gratitude, and to bid farewell to retiring board members Gary Lee, and Mike Dufloth. Gary has served on the board in previous years, and returned to serve when he was needed the most. He has been exceptionally helpful with

building improvements, and grounds-keeping. Mike was the pilot figure of the CCA becoming a 501c(3) Non-Profit, which enable us to be eligible for tax deductible donations, like free beer! Mike has also been an important voice in discussions regarding the needs of the community and brought a vast amount of experience to the table. Mike is an awesome fundraiser, which is valuable in keeping the doors open for many years to come!

Their generosity and professional expertise have been indispensable to the progress of the CCA, and I truly believe the Cohasset Community Association is flourishing today because of dedicated volunteers like Mike and Gary. With so much appreciation, thank you!

By Jill Stewart



A Clean Road, A Green Toad

Thank you to everyone that participated in the road clean-up this year. Once again, a special thank you to Linda Hartsong for being my commander-in-chief, and for bringing refreshments. I want to thank Officer Blair Parrott and his star volunteer Norm Whitehurst for slowing the traffic and making sure it was a safe event for all of the workers. Also, thank you to my husband Kevin and Jim Zaros for a lot of driving! Once again, the dumpster left Cohasset completely full and we have made our trek up and down the hill more beauti-

ful than before. This event could not take place without all of you special people that came out to walk and pick up the trash. You are the people that make this such a great and wonderful community and a special thanks goes out to you! If anyone has suggestions to make next year's clean-up even better, please let me know. Hope to see you next year,

By DeDe Sterling



Community Corner

Cal Fire Clarification

A proclamation (memo) was issued on June 11, 2018 by Darren Read, Unit Chief of the Butte County Cal Fire Unit, regarding the suspension of all burning in the unincorporated cities and areas of Butte County... This means us! If you were issued a burn permit earlier in the year, you may not burn at all until this “burn

ban” is lifted by the Unit Chief. The only exceptions to this are “campfires within organized campgrounds or on private property that are otherwise permitted....the campfire must be maintained in such a manner as to prevent its spread to the wildland.”

Please, everyone, be careful and watchful of what is going on around your property and help to

CCA Calendar

CCA 48th Annual Bazaar & Music Festival

- Saturday August 4th 9am - 6pm

CCA Yard Clean-up

- Sunday, July 29th 9am

Bazaar Planning Meeting

- Tuesday, July 17th 6pm

Cohasset Flea & Farmer's Market

- Saturday 8am - noon

Yoga

- Tuesdays 6:30pm
- Sundays 9:30am

Commodities

- 2nd Wednesday noon

CCA Board Meeting

- 2nd Thursday 6:30pm

Mountain Music

- 3rd Saturday 7pm

2018 Emergency Planning:

We here in Cohasset have always faced the possibility of devastating wildfire, but this year is proving to be extreme. With the announcement of PG&E's new policy of rolling power black-outs during extreme weather events; we all must take some actions beyond our usual preparations. We are located in a Tier 3 area which is considered the highest level of fire threat. You can view this map at cpuc.ca.gov/FireThreatMaps

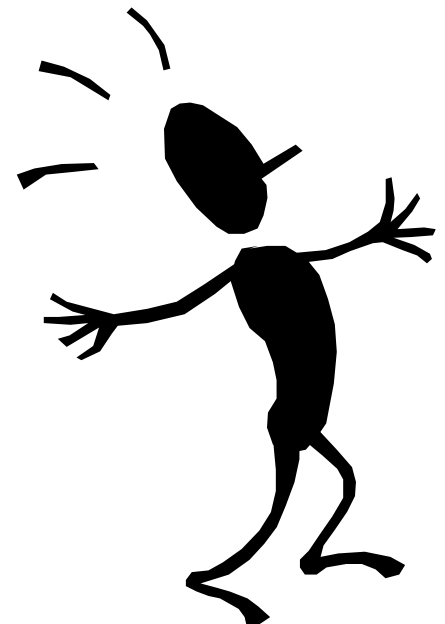
These rolling black-outs have already occurred in the Paradise/Magalia area and many did not get a warning. So...first of all, visit pge.com/mywildfirealerts or call 1-866-743-6589 today to update/register your contact information using your account number. They can't contact you with a warning if they don't have your information. It cannot be stressed enough that you must be proactive on your own behalf to be as prepared as possible.

Here are some suggestions:

- ◆ Emergency water on hand at all times.
- ◆ Food and potable water for each person for a week.
- ◆ Print and/or store your contact list outside of your cell phone.
- ◆ Secure important papers/documents.
- ◆ Back up charging methods for your cell phones.
- ◆ Back up generators should be tuned up and ready to go.
- ◆ Take picture and/or videos of your personal property, valuables, land etc. and store in the cloud or on a thumb drive.
- ◆ Make sure your escape vehicle is always full of fuel.
- ◆ Have proof of “Cohasset” address on you at all times. Proof will be required if they close the road to all but “residents”

Talk with your family/circle about your Emergency Plan.

By Karyl Clark



Cohasset Community Spirit

SAVE THE GIANTS

Do you have a giant tree on your property? Would you like to preserve that tree or grove, so that it is protected by law? I do, and I want to make sure that tree has a right to stand out its life naturally. I know of a way to do this, but I could use some legal help. I am also concerned about how many giant trees Cohasset Ridge has left standing.

According to California State Law, California Environmental Quality Act, (CEQA) we have a right to save our giant trees at this time, because we have so few left on the ridge. CEQA says that the timber companies must address "cumulative impact". This means a certain amount of each different tree and size must be saved, so as not to affect biodiversity (the health of the entire forest). When

the biodiversity of a forest is interrupted, bugs and disease set in (as we now see in Cohasset).

In the early 90's, my husband, Lorenzo and I got involved in the politics of forestry and by the late 90's created a "Sensitive Watershed Nomination". My sister, Trish, helped us by putting our evidence in a legal format. We were the first in the state to apply for this law to address Cohasset Ridge after the fire of '89. Aundra Tuttle, who wrote the law, said "if any place should be a sensitive watershed it would be Cohasset". We are an island... we do not go up into a bigger ridge, like most ridges do. The report showed that 64% of Cohasset forests were cut. THAT alone is too much, cut too fast, and it has continued for 20 years!

Now is the time for us to unite to save the health of our for-

ests. We can resubmit to the Board of Forestry our Sensitive Watershed Nomination and by the laws of CEQA halt the cutting of our Giant Trees, maybe more.

I do not want to interfere with personal tree harvest by residents...at all. I feel, we have a right to harvest on occasion, but the "big guys" have taken too much.

Our new County Supervisor, Tami Ritter, will help us. The county is where our political power is and our association is a powerful voice for change.

Do you have a Giant Tree on your land? And do you want to protect it? Ideas and knowledge welcome.

Thanks for listening.

By Susie Lawing

WANNA BE A FIREFIGHTER?

Don't quit your day job!



Butte County Fire Department needs everyday heroes to become volunteer first responders and firefighters in your community

DID YOU KNOW?

- Butte County Fire is a combination career and volunteer fire department
- Volunteers comprise 73% of firefighters in the United States
- Of the total estimated 1,078,300 firefighters across the country, 784,700 are volunteers
- Services contributed by Volunteer Firefighters save localities across the country an estimated \$36.8 billion per year according to the National Association of Foresters

CAL FIRE/BCFD - 176 Nelson Avenue, Oroville 95965

WHO WE ARE

Butte County Fire Department (BCFD) is an all risk fire agency that responds to over 15,000 requests for service per calendar year. These include rescues, residential and commercial structure fires, vegetation fires, medical emergencies, hazardous materials spills, public assists, and other miscellaneous public service requests. BCFD is a combination career and volunteer fire department. The 300 career firefighters are augmented by 17 community based Butte County Fire Department volunteer fire companies made up of over 160 volunteer firefighters.

LIST OF REQUIREMENTS

- Time Commitment: Significant in the first year, moderate thereafter
- Monetary: minimal
- Physical: Physical requirements vary with desired level of qualification
- Health: Must be in good health (Health questionnaire may be reviewed by a medical professional)
- Clean criminal record (FBI/DOJ LiveScan required)
- Must have valid California driver's license, own a vehicle, possess automotive insurance meeting minimum specified liability limits, and have a clean DMV record
- Live in the community you are applying in
- Must maintain required mandatory training requirements

THE PROCESS

- Attend orientation in early October at the Cal Fire/BCFD Training Office to receive your application.
- After your application is approved, choose which qualification level is right for you.

Four different qualification levels for volunteer responders exist within BCFD

- **Support Responder** - Performs support functions only. Attend Support Module (32 hours or 4 weekend days).
- **Emergency Medical Service (EMS) Responder** - Performs support functions and responds to EMS calls. Attend Support Module (32 hours or 4 weekend days) and EMS Module (32 hours or 4 weekend days).
- **Firefighter** - No restrictions, responds to all emergencies. Attend Support Module (32 hours or 4 weekend days), EMS Module (32 hours or 4 weekend days) and Firefighter Modules (Wildland & Structure) (72 hours or 9 weekend days).
- **Operator** - Operates specific fire apparatus and holds other volunteer qualifications (Support, EMS or Firefighter Responder). Attend Support Module (32 hours or 4 weekend days), EMS Module (32 hours or 4 weekend days) and Firefighter Modules (Wildland & Structure) (72 hours or 9 weekend days).



Ready to join the team? Call (530) 538-6837 ext. 138 or go to www.joinBCFD.org

Cohasset Community Health

Lyme Disease; The Basics

There are a lot of myths surrounding Lyme disease and one of the most dangerous is that it only exists on the East Coast. NOT TRUE! There are thousands of reported cases of Lyme disease in California! Many, many cases in Northern California, especially in foothill and mountain communities like Cohasset.

So what is Lyme disease?

Lyme disease is a bacterial infection most commonly transmitted by deer ticks and other vectors (mosquitoes, fleas, mites). Infected deer ticks have spirochetes ("spy-roh-keet") that are passed on to their hosts and cause Lyme disease. The scientific name for the spirochete is called borrelia burgdorferi.

Lyme disease has been found in every state within the United States and on every continent except for Antarctica. There are currently over 100 different types of Lyme disease just within the United States.

Lyme disease affects people of all ages. The CDC notes that it is most common in children, older adults, and others such as firefighters and park rangers who spend time in outdoor activities and have higher exposure to ticks.

What are the symptoms?

Lyme disease has been called the "Great Imitator" because many of the symptoms mimic other diseases and can affect the musculoskeletal systems, neurologic system, digestive and excretory systems, respiratory/circulatory systems, reproductive system, as well as mental capabilities and psychological well-being. Many people with Lyme disease have been diagnosed/misdiagnosed with fibromyalgia, chronic fatigue syndrome (CFS), MS, irritable bowel syndrome (IBS), ALS, Parkinson's Disease, endometriosis,

Rheumatoid arthritis, ADHD, mental illness and depression.

If you think that you or someone in your family has Lyme disease, contact your physician immediately and if they are not sure how to treat you then ask them to refer you to a Lyme Literate Physician.

How do I get a diagnosis?

Lyme disease can be very difficult to diagnose, because it can imitate other illnesses/diseases and has limited testing reliability (less than 55% accuracy rate), it is recommended that a clinical diagnosis be made. A clinical diagnosis is made by a physician based upon a patient's medical signs and symptoms, and diagnostic test results (blood).

In its early stages, Lyme disease can be easily treated through the use of oral antibiotics. Current general Lyme tests



have a reliability of less than 55% accuracy rate. The best tests are run through IGeneX, a specialty lab that is dedicated to testing for Lyme and other tick-borne diseases. <http://igenex.com>

- ◆ IGeneX, Inc. 795 San Antonio Rd. Palo Alto, CA 94303 (800) 832-3200, (650) 424-1191 / (650) 424-1196
- ◆ Financial assistance for Lyme disease testing is available through LymeTap: <http://lymetap.com>

Prevention is the KEY!

Following these simple steps will help reduce your chances of contracting Lyme disease and other tick-borne illnesses:

- ◆ Wear light-colored long pants and long-sleeved shirt; making sure to tuck your shirt into your pants, and your pants into your socks.
- ◆ Use DEET on exposed skin and treat all clothing.
- ◆ Upon returning home; do a thorough tick check, place all clothing into the wash immediately, and dry clothes on "high" temperature.
- ◆ Avoid brushing up against long grasses and tick infested areas, making sure to stay on well-maintained paths.
- ◆ If you do find a tick on you, follow these directions for removal:
- ◆ Using fine-point tweezers, grasp the tick as close to the skin as possible and pull the tick out straight using steady pressure. Do NOT squeeze the tick. If you don't have tweezers, protect your hands with gloves.
- ◆ Put the tick into a zip-lock bag with a moist tissue.
- ◆ Label the bag with your name, date, and location where the tick was found.
- ◆ Bring the tick to the nearest lab, health department and/or veterinarian and get it tested ASAP.
- ◆ Wash your tweezers, hands, and site of the bite immediately.

The sooner accurate testing and diagnosis for Lyme disease is done, the greater the possibility of a complete recovery.

- ◆ For more information, including the latest research on Lyme Disease, visit <https://www.lymedisease.org>
- ◆ Locally, you can contact The Lyme Center at (530) 877-6666. <http://thelymecenter.org/> They offer a monthly support group that meets in Chico on the 3rd Monday of every month from 5:30-7pm at Northwood Commons Clubhouse on Northwood

4-H Report

4-H Report

Cohasset 4-H recently finished up its 17th year on the hill! We had eleven very enthusiastic, mostly new members, who participated in a wide variety of projects and events. This year's officers were Kris Tina Huff, President; Noah Starling, Vice President, Camille Lingemann, Secretary; Grace Puterbaugh, Treasurer; and Delaney Starling, Historian.

Due to our dedicated volunteers we were able to offer projects in swine, arts & crafts, cooking, hiking, welding, and sewing. Thanks to Lara Conkey- Weibelhaus, Claire Emerson, Heather and Jion Lingemann, Chris Greer and Larry Jansen, and Lorna Mathews for all their hard work.

Throughout the year we also participated in a number of countywide events. In September, our officers attended leadership training at the county office. We were in charge of the Butte County Awards Night in October. Camille and Grace presented at the Foods Fiesta in November. In January the swine project members attended CSUC's Swine Day. We all pitched-in to create our game booth for the Fun Night in February. Kris Tina presented at the Rainbow Craft Field Day in April. Finally, our four swine members culminated their year by showing and selling their pigs at the Silver Dollar Fair in May.

We also participated in local Cohasset events as well. Our

main community service project was the Cohasset Children's Store in December. We had over thirty young shoppers who came to buy reasonably priced gifts for family and friends. In January we had an outing to the ice rink in Paradise. We showed up in force at the CCA Yard Clean-Up Day in April. We also had a booth at the Chili Cook Off. We ended the year with our awards celebration and BBQ at Zeb and Laura Puterbaugh's pool.

A big thank you to the Cohasset Community for your support. Thanks for all of your donations to the Christmas Store and for your support of our Soup-er Bowl and Tamale Sale fundraisers. Thanks also to the CCA for the

**Thinking of selling your home?
Looking for your new home in Cohasset?**



Jill Stewart
(530) 570-3088
jillianmaries@att.net

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Cohasset is my Hometown



Nature & Political Corner

Extracting Color From the Plants Around Us

I've been interested in natural dyes for a long time, but it literally took me years to finally try it for myself. I suppose I was busy with so many other things and the thought of another studio or project just seemed daunting. I am a real hands-on person and although I had a couple books on the subject of natural dyes, they sat in my house for over two years.

I finally took a natural dye class taught by Rebecca Burgess who wrote "Harvesting Color". She showed us the most simple way to extract color from the plants around us. I was inspired!!! Yay!! Fast forward another year and I was harvesting black walnuts and oak galls on a trip back from the coast. I started saving all my onion skins, and all of those sat for TWO more years and finally, last summer, I borrowed an outdoor stove and started playing around. This summer I bought myself a stove and started experimenting again. I collected avocado pits and skins and harvested the petals from my black hollyhock. I would love to encourage people to experiment a little bit with this process. It is easy and safe.

There is so much information about dying from plants, but I would

like to make it as simple as possible so you don't wait 4 years to try it, like I did. Here are a few things to get started. This recipe is best with silk fabrics as I am not going to go into mordants right now. Mordants are usually a metal that help bind the color to the fiber and can alter it as well.

Dye pots—Enamel or stainless steel are best as others can affect the dye like aluminum, copper, or brass (not always bad it just changes color because of the metal being a mordant. Mordants are a whole other article.)

Harvest your plant material. Rosemary, black walnuts, oak galls, goldenrod, St. John's wort, pear leaves and bark, scotch broom, and on and on.

Put the material in the dye pot of your choice and fill the pot with water. Experiment on your own with how much water to plant material ratio.

Bring it to a boil and let it boil gently for 60-90 minutes. Keep the lid partially on so all the water doesn't evaporate. Turn off the heat and let it cool overnight.

The next morning you can take the plant material out with a strainer and heat the dye pot again.

Prepare your fibers to dye (I recommend silk for now unless you have

some other pre-mordanted fibers) by soaking them in water.

Place your wet silk into the dye pot, making sure there is enough room for the fibers to move freely and heat to a simmer. Let it simmer for about 60-90 minutes stirring occasionally. Turn off the heat and let it cool. You can experiment with letting the fibers sit in the dye pot for as long as you want to obtain a darker color.

Remove fibers and let them hang to dry or rinse them right away and then hang to dry out of direct sunlight.

I've also experimented with solar dyeing by putting the petals from the flowers into a glass jar and letting them steep in the hot summer sun just as if you are making sun tea. It is fun to watch the color be extracted slowly from the sun.

Good luck! Let's share our experiments. Get online and find more info if you want.

I am not an expert on this, I am truly just learning as I go. I've been experimenting with mordants which are important for getting color to bind to plant fibers such as cotton and linen. I will try to share what I know next time.

By Theresa Markwood

Supervisor's Forum Scoop

On May 16th the Cohasset Community Association hosted a forum for the three candidates running for District 3 Butte County Supervisor. Tami Ritter has a Master's in counseling and a long history of civic involvement including serving on the Chico City Council. Bob Evans is a retired Air Force Officer and businessman,

who also served on the Chico City Council. Norm Rosene is a dentist, winery owner, active in animal rescue and a political newcomer. About two dozen members of the Cohasset community attended.

Ken Lawson moderated the forum and Susana Malcolm asked the candidates a series of questions prepared by the CCA board to cover a variety of

topics of interest to the Cohasset community. They included questions on fire protection, internet and cell phone access, road maintenance, and the cannabis regulations. The community members were then invited to ask questions as well.

Thank you to the candidates for including us in their busy schedules and to the community members who

Cohasset Community Association
Newsletter

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***Cohasset
Store***

*COLDEST DRINKS
ON THE HILL!*

Hours:

M-F 10 - 7

SAT 10 - 6

SUN 10 - 4



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CCA Today**

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